



Additional Help Services

Lifeline -13 11 14

24/7 confidential crisis support

NSW Mental Health Line - 1800 011 511

24/7 telephone assessment and referral service,

Alcohol & Drug Information Service

1800 250 015 (24/7)

Information, support, referral and counselling on drugs (legal and illegal) and alcohol
And parents advice and assistance

Suicide Call Back Service 1300 659 467

www.suicidecallbackservice.org.au

24/7 telephone support and counselling for anyone affected by suicide

Beyond Blue –1300 224 636

www.beyondblue.org.au

24/7 mental health counselling, support and referral assistance

Men’s Helpline – 1300 789 978 (24/7hrs)

www.mensline.org.au

Information and referral services for men with family and relationship concerns

Kids Helpline 1800 55 1800

www.kidshelpline.com.au

Young people 5-25 years old



Health
Hunter New England
Local Health District



FARMGATE SUPPORT PROGRAM



0477 322 851

HNELHD-FarmgateSupport@health.nsw.gov.au



Health
Hunter New England
Local Health District

Farmgate Support Program

The farmgate support program provides free mental health and emotional support to farmers, farming families, local businesses and service providers affected by the drought, bushfires & COVID 19.

The farmgate support program is designed to meet the needs of individuals, couples and families; whether they require short term conversations and information or ongoing formal counselling options.

The farmgate support program can also assist community members to access other mental health services they may require.



The **Farmgate Support Program** is designed to assist:

- Farmers and farming families
- Front line service/business providers
- Any other person who is experiencing stress from the drought, bushfires & COVID 19 throughout the Hunter New England Local Health District

Service Delivery

- The Farmgate Support Program is a free *mobile service* throughout the Hunter New England Local Health District
- Farmgate counsellors and Peer Workers are able to visit and provide service on farms, in homes and businesses
- Visits can also be arranged at any other place where confidentiality can be guaranteed

How to Access the Farmgate Support Program

- You can call or email yourself
- Referral by families, friends and service providers. To make a referral on behalf of someone else, you need their consent before contacting the Farmgate Support Team
- Intake phone number 0477 322 851
- HNELHD-FarmgateSupport@health.nsw.gov.au

