

The Good SPACE program is proud to offer ASIST

Where: Armidale City Bowling Club, 92-96 Dumaresq St, Armidale, NSW 2350

When: August 9th and 10th Time: 8:30am – 4:30pm

Cost: \$100 (incl. GST) (normally \$450)

Lunch and refreshments provided over the 2 days

Register before August 2nd:

https://payments.newcastle.edu.au/OneStopWeb/asist-armidale

You must register for this workshop. Positions are limited.

For further information about ASIST, please contact Fiona Livingstone (m) 0427 072105 (e) fiona.livingstone@newcastle.edu.au

This workshop is available to anyone 16yo or older who would like to learn life saving suicide first aid skills. Workshop is suitable for health workers, service providers, carers of suicidal people, and general community.



Applied Suicide Intervention Skills Training

ASIST is the world's leading suicide intervention workshop. During the two-day interactive session, participants learn to intervene and help prevent the immediate risk of suicide.

In ASIST, people learn to apply a suicide intervention model.

It helps caregivers recognise when someone may be at risk of suicide.

It then explores how to connect with them in ways that understand and clarify that risk, increase their immediate safety and link them with further help.





